



Annual Report 2013—2014

Hospice Palliative Care Ontario is a provincial association of hospice palliative care organizations and individuals working and volunteering throughout Ontario. We strive for a future where every person in Ontario has access to quality hospice palliative care.

Our Vision

To be the unified voice of collaborative, quality hospice palliative care in Ontario.

Our Mission

To provide leadership on behalf of our members by informing policy and promoting awareness, education, knowledge transfer and best practices in the pursuit of quality hospice palliative care in Ontario.

Our Core Values

Courage: We make the best decisions not just the popular ones, we dare to go down new roads and challenge accepted wisdom, and we place clear expectations on one another and promote change.

Integrity: We are professional and honest in our relationships, we honour our commitments, and we hold ourselves accountable.

Respect: We value the diversity of our members and stakeholders, their opinions, experiences, and contributions.

Contents

About hospice palliative care	02
Message from the Board Chair and CEO	03
Strategic Priorities	04
Highlights and Achievements from 2013-2014	05-06
Outstanding Education	07-08
Awards of Distinction	09-11
Scholarships and Bursaries	12
Our Supporters	13
Stewarding Resources	14
Statement of Operations	15
Statement of Financial Position	16
Our People	17-18



About Hospice Palliative Care

Hospice palliative care is a philosophy of care aimed at relieving suffering and improving the quality of life for individuals who are living with, or dying from progressive, life-limiting illness or who are bereaved. The goal of hospice palliative care is to provide comfort and dignity for those living with life-limiting illness and quality of life for themselves and their family. A 'family' is whomever the individual indicates is family which may include relatives, partners and friends.

The objective of palliative care to relieve pain and other symptoms associated with life-limiting illness. Palliative care addresses the physical needs, as well as the psychological, social, cultural, emotional and spiritual needs of individuals and family. Palliative care is the main focus of care when the cure of an illness is no longer possible. Hospice palliative care services offer individuals comfort and dignity at the end-of-life.

HPCO affirms that hospice palliative care is meant to neither prolong life nor to hasten death, but rather, to improve quality of life for patients facing life-limiting illness and their families. Euthanasia, assisted suicide and physician-assisted dying are not within the continuum of care offered as part of the hospice palliative care continuum.

Charter for Hospice Palliative Care in Ontario

How we treat those who are dying in our community reflects who we are as a society. All Ontarians have the right to die with dignity; to have access to physical, psychological, bereavement and spiritual care, and to be granted the respect consistent with other phases of life.

As professional, volunteer and family representatives of Ontario's hospice palliative care community, we are committed to providing quality hospice palliative care to Ontario residents and their families. Our goal is to optimize their quality of life and to minimize the physical and emotional suffering associated with this phase of life.

We endorse an integrated approach focused on the individual, their family and their caregivers that is accessible through hospice palliative care services in the community and tailored to individual needs.

Our efforts to increase awareness and the availability of integrated, quality hospice palliative care, run parallel to our collaboration with government, social agencies and other decision makers to develop innovative clinical, community and public policy strategies.

On behalf of the residents of Ontario whom we serve, we speak with a unified and cohesive voice; we share information and resources and work through a coordinated network of partners from the voluntary, public and professional sectors.

Each year in Ontario, people receive hospice palliative care at home through home care, visiting hospice programs and interdisciplinary outreach teams and in other locations including hospitals, long-term care facilities, and residential hospices.

Last year, approximately 72,000 individuals in Ontario received at least one palliative care service prior to death.

Message from the Board Chair and President & CEO

This is an exciting time for hospice palliative care in Canada. When we reflect on this past year, it's amazing how much has changed in Ontario. Not so long ago, we struggled to get hospice palliative care on the agenda. Now, and for a number of reasons, hospice palliative care is top of mind for Canadians and it holds a prominent place on the agendas of our provincial partners, including government.

In the past, as issues emerged, associations and organizations advocated through a siloed approach. Today, we work in partnership, speaking with a unified voice, toward a common vision of hospice palliative care in Ontario. The vision that *Adults and children with progressive life-limiting illness, their families and their caregivers will receive the holistic, proactive, timely and continuous care and support they need, through the entire spectrum of care both preceding and following death, to help them live as they choose, and optimize their quality of life, comfort, dignity and security. (Declaration of Partnership, 2011)*

The development of regional hospice palliative care programs is now well underway in all 14 Local Health Integration Networks. Many of our members are actively engaged in the planning and implementation of local initiatives to improve care. While significant progress has been made, there is still much to be done. HPCO remains committed to representing membership needs to provincial partners and stakeholders.

December's Annual Queen's Park Day was the most encouraging one yet. We were impressed by the level of understanding and awareness within the Ontario Legislature regarding the value of hospice palliative care. The success of such initiatives relies heavily on the commitment demonstrated by our members who step away from demanding schedules to advise our Members of Provincial Parliament on the importance of hospice palliative care and why it is not only the care people deserve, but it is also the most cost-effective care.

Alongside this positive momentum, our sector was not without challenges this past year. Assisted suicide had an increased profile with prominent members of the medical community addressing the issue in the media. While assisted suicide continues to be an important discussion for Canadian society, HPCO's position is in line with that of The Canadian Hospice Palliative Care Association (CHPCA), which states that assisted suicide it is not within the continuum of hospice palliative care.

HPCO's priority continues to be one of increasing awareness, advising policy, and supporting members to ensure Ontarians have timely and appropriate access to consistent quality

palliative care where and when they need it.

On the home front, the Board continues to strengthen its governance and sustainability. Under the new Canada Not-for-Profit Corporations Act, Articles of Continuance were approved at the 2013 Annual General Meeting and included changes to our membership structure. The governance committee developed a nominations process for directors; introduced term limits to ensure ongoing renewal at the board table; and implemented an evaluation process for the Board and its committees. In addition, the Board updated our strategic framework and re-affirmed HPCO's priorities to provide leadership within the sector; to add value for members to and ensure the Association's sustainability. The strategic framework guides our vision and mission on behalf of our members.

HPCO remains focused and diligent to ensure quality hospice palliative care is accessible and valued throughout Ontario. We will represent the collective needs of our membership as we work with our partners to advance high quality hospice palliative care throughout the province.

On behalf of the Board of Directors, we wish to extend our deepest gratitude to our members for their dedication to providing excellent care; to our volunteers for their time and valuable participation on HPCO committees; and to our donors and sponsors for their moral and financial support of our combined work.

We believe hospice palliative care is a shining example of a service above self and for this, we sincerely thank you.



John Crean
Board Chair



Rick Firth
President & CEO

Our Strategic Priorities

1. Provide Leadership

We will represent the interests of our members and the people they serve through constructive engagement with government, coalition partners and other stakeholders. We will promote public policy that advances and supports access to quality hospice palliative care for the people of Ontario, delivered by sustainable organizations, healthcare professionals, and volunteers.

To achieve this we will:

- ◆ Proactively identify trends and emerging issues in HPC and advocate for improvements in provincial policy and strategy
- ◆ Provide leadership at key provincial tables and structures that guide or impact hospice palliative care
- ◆ Work with our provincial partners to improve hospice palliative care delivery and access for all Ontarians and support our members in building hospice palliative care capacity

2. Add Value for Members

We will strengthen and support our members in the delivery of quality care. We will do this by focusing on needs that are reflected province-wide and we engage members in developing strategies, products, and services to meet their needs. HPCO will be the leader for hospice palliative care standards and education in Ontario.

To achieve this we will:

- ◆ Be responsive to the collective needs of our members in support of province-wide priorities
- ◆ Provide opportunities for members to actively participate in the work of HPCO
- ◆ Provide standards, tools, and processes that help members deliver quality, efficient, client/patient centered hospice palliative care

3. Ensure Sustainability

A sustainable province-wide organization representing all facets of hospice palliative care is essential for the advancement of quality hospice palliative care for the people of Ontario. HPCO will continue to strengthen our organizational capacity through responsive governance, expanded revenue sources, and broader engagement of our members.

To achieve this we will:

- ◆ Diversify non-government funding sources to support initiatives that advance our vision and mission
- ◆ Enhance existing governance culture and practices
- ◆ Strengthen organization capacity by engaging members in the advancement of our mission and vision

Highlights and Achievements

In May, The Order of St. Lazarus—Toronto Commandery hosted a **Gala Fundraiser for HPCO** in the historic ballroom of Toronto’s Royal York Hotel. The evening, emceed by Michael Enright CM, HPCO’s Patron of the June Callwood Circle of Outstanding Volunteers, was highlighted by a thought-provoking address delivered by Preston Manning PC CC AOE. Mr. Manning’s thoughtful remarks on end-of-life issues were strongly in favour of hospice palliative care as the clear alternative to assisted suicide. His pragmatic approach included a prediction that the Supreme Court of Canada would, eventually, decriminalize assisted suicide and that Canadian society must improve access to quality hospice palliative care first.

The gala raised \$20,000 for HPCO to support a project to review and update the Visiting Hospice Standard; to develop volunteer training material and to expand HPCO’s accreditation program over a three year period. The funding also supports the development of new standards for spiritual care, day programs, and bereavement support services.

Additional funding from a Healing Cycle Foundation grant also supports this initiative which benefits HPCO members across Ontario.



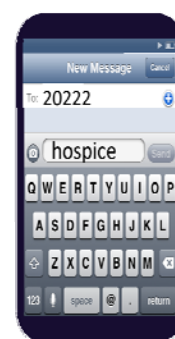
Left to right: Michael Enright , master of ceremony for the evening; Don Cranston, Order of St. Lazarus; guest speaker Preston Manning, and HPCO President & CEO Rick Firth

Left to right: John Crean, HPCO Board Chair and Rick Firth, CEO are presented with a cheque for \$20,000 by Don Cranston of the Order of St. Lazarus, Toronto Commandery.



In April, we launched **Text to Donate** in partnership with the Canadian Hospice Palliative Care Association.

Text the word "hospice" to 20222 from any cellular phone to make a \$10.00 donation. Donations are split 50/50 between HPCO and CHPCA to support the work of both organizations.



2013-2014 started with our **Annual Hospice Palliative Care Ontario Conference** in Richmond Hill. More than 500 delegates attended and by all accounts the conference was a great success. See page 7 for more details!



In June, The Healing Cycle Foundation hosted its ninth **Annual Healing Cycle Ride** to support hospice palliative care in Ontario. More than 30 hospice palliative care organizations entered teams to raise funds for their own organizations. Hundreds of other individual riders and corporate teams raised funds for the Foundation’s grant program which supports hospice palliative care programs and services throughout the province. As one of The Healing Cycle Foundation’s grateful grant recipients, HPCO is able to provide resources and tools to our members for their work in supporting individuals and families.

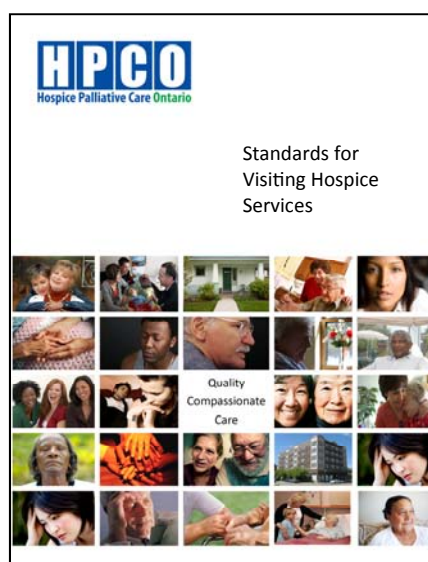


HPCO's **Advance Care Planning - Health Care Consent Community of Practice** created public education materials to teach individuals about advance care planning as it relates to Health Care Consent in Ontario. In addition, education sessions and facilitator guides have been developed to support health care providers to offer guidance to individuals and families. Education materials include videos, facilitator guides and slide presentations. An additional train-the-trainer video, developed in partnership with the Canadian Hospice Palliative Care Association, is available, free-of-charge, online at hpcoco.ca.

HPCO's ongoing **stakeholder engagement** of health care partners and government stakeholders continues to raise the profile of hospice palliative care in Ontario. HPCO continues to provide leadership at key provincial tables including the Hospice Palliative Care Provincial Steering Committee. The Steering Committee guides implementation of the Declaration of Partnership, the primary policy guidance for hospice palliative care in Ontario. Out of the Declaration work, regional hospice palliative care programs are emerging, data and performance measurement indicators are being developed and initiatives like Advance Care Planning.

The **Quality Improvement Working Group** completed a framework and toolkit to assist smaller hospice palliative care programs, services and organizations to develop quality improvement plans so that they are able to comply with emerging requirements. The framework will be published in the fall of 2014.

Standards for Visiting Hospice Services were first developed by the Hospice Association of Ontario in 1994. When standards are in place, Ontarians are assured of quality hospice palliative care. With funding support from the Order of St. Lazarus - Toronto Commandery and the Healing Cycle Foundation, HPCO convened an expert panel in 2013 to review and revise the standards which were last updated in 1999. The new 'Standards for Visiting Hospice Services' reflect current best practice for in-home hospices.



In December 2013, we held our second **Queens Park Day**. HPCO members from across Ontario met with over 40 MPPs and policy advisors to emphasize the need to improve access to hospice palliative care in Ontario. Presentations emphasized challenges such as access to care in rural areas; the benefit of more residential hospices and the need for an online volunteer training system to support the delivery of hospice palliative care in the province's communities. We also emphasized that in order to achieve a balanced approach to palliative care across the continuum, adequate hospice palliative care is essential in any setting where individuals may die, from home to hospital. The outstanding results stemming from interdisciplinary outreach teams, and the need to enhance capacity of visiting volunteer hospice programs were also highlighted.

In March 2014, HPCO and McMaster University held a **Physician's Symposium** to outline the benefits of the Declaration of Partnership and advance care planning. 40 people from across Ontario participated to share their experiences regarding discussions on advance care planning with patients and to share their feedback on the Speak Up Ontario resources.

From the beginning of life to its end, love is the only emotion which matters. June Callwood

Outstanding Education

Annual Hospice Palliative Care Ontario Conference

The 2013 **Annual Hospice Palliative Care Ontario Conference** in April was a great success with more than 500 delegates attending from across Ontario and Canada.

Listening to patients and caregivers, was a common theme that emerged throughout the conference. For most of the week, the Sheraton Parkway Toronto North was a hive of activity. Interest groups and provincial meetings were held before and after the public program which ran from April 27—May 2. Delegates had a rich selection of sixty workshops, eighteen oral papers and two dozen posters.

The conference opened with Dr. Michael Downing’s keynote address posing the question “Roots, Ruts, and Roads: Where Are We Going and Who is Driving?” Dr. Jeff Myers presented “Quality Dying: Change at the Institution Level” while Dr. Hsien Seow presented his research on “Innovative, Expert—Consult Teams” challenging the perceptions of what makes an interdisciplinary outreach team successful. Marg Fitch, Carmelita Lawlor Lector shared fascinating results from her work titled “Understanding the Patient Perspective: Incorporating the Patient Voice in Health Care.” With a full agenda of 54 workshops, there was something for everyone. The conference ended with roll-on-the-floor laughter as Paul Huschilt captivated the audience with a very funny presentation on managing stress through humour.

Without a doubt, the most momentous and memorable aspect of this year's conference was the tribute luncheon held in honour of our friend and colleague Dr. Larry Librach. Four captivating keynote speakers demonstrated the importance of listening to patients' experiences to collect qualitative data that drives rich quantitative data.



The conference is Ontario’s premier networking and educational event for people working or volunteering in the hospice palliative care sector.



93% of delegates said the conference met or exceeded their expectations and that their knowledge gained at the conference supports improved practice.

Palliative Care Education for Health Care Providers in Toronto

HPCO receives funding from the Toronto Central Local Health Integration Network to provide hospice palliative care education to long-term care and community support services in the City of Toronto. Our workshops are based on current best practice and reflect the Canadian Hospice Palliative Care Association's *A Model Guide to Hospice Palliative Care* based on National Principles and Norms of Practice.

Courses and Workshops:

- Introduction to Hospice Palliative Care for Interdisciplinary Staff
- Ethical Issues at the End-of-Life
- Communication Skills: Therapeutic Conversations at the End-of-Life
- Palliative Care for Persons with End-Stage Dementia
- Becoming a Leader in Pain and Symptom Management
- Dementia and Palliative Care for Social Workers
- Dementia and Palliative Care for Health Care Professionals and Personal Support Workers

In 2013/2014, HPCO Nurse Educators conducted 43 sessions across Toronto ranging in length from one half-day to two full days. A total of 945 healthcare workers attended the courses including nurses, personal support workers, social workers, and Community Care Access Centre case managers.

This year, HPCO introduced two new courses designed specifically to train social workers and other health care workers supporting people with end-stage dementia. More than 400 people have received the training.

HPCO received government funding to support a hospice palliative care information service which is staffed Monday to Friday from 9:00 a.m. to 5:00 p.m. at 416-979-9779 or 1-800-349-3111 ext. 28 and includes a web-based directory of services. The information service receives thousands of web, email and telephone inquiries each year.

HPCO gratefully acknowledges the financial support of the Toronto Central Local Health Integration Network.





Mark your calendars!

The 2015 Annual Hospice Palliative Care Ontario Conference will be held from **Sunday, April 19 to Tuesday, April 21, 2015.**

Registration opens January 1, 2015.



Awards of Distinction

June Callwood Award



The June Callwood Award was established in 1994 to recognize outstanding hospice palliative care volunteers throughout Ontario. The late June Callwood, for whom the award was named, was a patron and long-time advocate for hospice palliative care. She was a recipient of the award in 1995. As of 2013, a total of 558 volunteers have received the prestigious award.

June Callwood strongly held the view that volunteers are special people. She expressed this sentiment on many occasions, in TV and radio interviews, in her writing and in person during her warm message of support at HPCO's annual conferences. Her book, *Twelve Weeks in Spring*, captures the spirit of hospice and emphasizes the value of the many and varied contributions of a team of volunteers. In her years as a journalist, author, broadcaster and humanitarian, June Callwood's name became synonymous with integrity, talent and passion for social justice. She touched the lives of generations of Canadians with her passion through her words and through her work in the service of those in need.

The 2013 Inductees into the June Callwood Circle of Outstanding Volunteers

Catie Allan, Hospice Kingston, Carol Beggs, Bruce Peninsula Hospice Inc., Leona Brady, Heart of Hastings Hospice, Helga Brown, Hospice Georgina, Diane Charette, Warmhearts Palliative Caregivers, Joan Chesney, Huron Hospice Volunteer Service, Mike Clothier, Hospice Simcoe, Roberta ("Bobbie") Coote, Hospice King-Aurora, Vince Corvese, Hospice Thornhill, Dee Cox, Hospice Orillia, Muriel "Mimi" Craig, Hospice Wellington, Brendan Cullen, Algoma Residential Community Hospice, Ray Culliton, Matthew's House Hospice, Valerie Dick, Hospice Renfrew, Shirley Dickson, VON Grey-Bruce Supportive Care Program, Yvonne Francis, Kensington Hospice, Barbara Hamilton, Hospice Northwest, Hayward Hann, Evergreen Hospice of Markham-Stouffville, Susan Henderson Harris, Doane House Hospice, Fran Hill, Hospice Huronia, Shirley Holmes, SIRCH Community Services, John Hunter, Bethell Hospice, May Jackson, Hospice Prince Edward, Kerry Johnston, Hospice Toronto, Elizabeth Kuhl, Family Services Perth-Huron, Anne Langlois, Beth Donovan Hospice, Tamra Laughlin, Durham Hospice, Mary Leger, Hospice Muskoka, Marjorie McCoy, Cornwall Carefor Hospice, Blair McFadden, Community Care Northumberland Hospice, Taylor Peat, Philip Aziz Centre, Chris and John Quinlan, Stedman Community Hospice, Grace and Don Roberts, McNally House Hospice, Lavern Sinclair, Hazel Burns Hospice, Jeanne Vlasics, The Dorothy Ley Hospice, Rebecca Wall, Hospice Georgian Triangle, Katja Werner, Better Living Health and Community Services: Home Hospice, and Rany Xanthopolou, St. Joseph's Hospice Sarnia.

June Callwood Award Patron Appointed



Michael Enright, CM was appointed Patron of the June Callwood Circle of

Outstanding Volunteers in March, 2013. Mr. Enright, a fellow journalist and long-time personal friend of June Callwood, was thrilled to receive the appointment. "My friendship with June began in 1961. Strong-willed and always ready to take on a fight for social justice, she taught me years ago that there are no innocent by-standers; that if you come across pain in any form and do nothing to help, you're responsible. Hospice volunteers are certainly not by-standers. I am deeply moved by what you do," says Enright.



Hospice Palliative Care Ontario thanks the Toronto Commandery of the Order of St. Lazarus for their generous support of the June Callwood Awards.

Awards of Distinction

The Dorothy Ley Award of Excellence in Hospice Palliative Care

The late Dr. Dorothy Ley was one of Canada's first champions for quality hospice palliative care. She brought a unique individuality to the field of hospice palliative care, and maintained a highly visible and vocal presence during her distinguished career until her death in 1994. Dr. Ley was a pioneer who broke new ground in the fields of medicine and health care in general. The Dorothy Ley Award of Excellence, established in 1996, is a perennial reminder of her truly great legacy. The award is presented annually, in recognition of an individual or team effort to advance and improve the quality of hospice palliative and end-of-life care.

*The 2013 recipient of the Dorothy Ley Award of Excellence in Hospice Palliative Care was **Beth Lambie** of Petrolia, Ontario. Beth Lambie has worked for 36 years in health care in Ontario. Currently, Beth is the Director of the End-of-Life Care Networks for the Erie St. Clair region. Prior to assuming the role, Beth served over 20 years in formal leadership roles with responsibilities in a variety of sectors/services including: Community-based Ambulatory Care programs, Residential Hospice, Hospital based Acute Care, Rehabilitation, Complex Continuing Care, Long Term Care, Palliative Care and Diagnostics. During this time, Beth participated in and led numerous local/regional/provincial task forces related to sector-specific and cross-sector integration initiatives. Beth has a clinical background in Physiotherapy. Beth is past chair of the Provincial End-of-Life Care Network. She has served on a number of boards and committees in her community and with Hospice Palliative Care Ontario.*



Beth Lambie (centre) with HPCO Board Members Sharon Allen (L) and Marg Poling (R)

The Outstanding Philanthropist Award

The Outstanding Philanthropist Award recognizes individuals, families, corporations, foundations, and community and service organizations who best exemplify vision, financial support and dedication to fostering the true spirit of hospice palliative care in Ontario. While the financial support offered by these philanthropists is important to our cause, it is the encouragement and validation of our efforts that means so much to us as individuals. They are truly the "unsung heroes" of hospice palliative care in Ontario.

*The 2013 recipient of the Outstanding Philanthropist Award was **John DeGroot** of Sarnia, Ontario. John DeGroot's belief that excellence in hospice palliative care is achievable has, and continues to have a profound and far-reaching impact. John's philanthropic support of St. Joseph's Hospice demonstrates that he is an active advocate for end-of-life care for the terminally ill. As a recognized philanthropic leader, his truly inspiring gestures create momentum so that potential donors may aspire to do the same. John has devoted extraordinary amounts of time and energy to many worthy charities within the Sarnia Lambton community including Bluewater Health, Bluewater Health Foundation, Vision Nursing Home and The Inn of the Good Shepherd. He is a Board member of World Renew and The Ontario Federation of Independent Schools. He is also founder and trustee of Awesome Foundation Sarnia, Sarnia Rotary Club and Dancing Under the Stars Gala Steering Committee. John received the Queen's Elizabeth II Diamond Jubilee Medal in 2012.*



John DeGroot (left) with HPCO Board Members Heather Campbell and Rod Malcolm

Awards of Distinction

The Richard R. Walker Visionary Award

The Richard R. Walker Visionary Award recognizes significant and exceptional contributions in advancing the hospice palliative care movement. The award is named in honour of Richard (Dick) Walker. Dick was the founding chairman of the Community Hospice Association of Ontario, which became Hospice Association of Ontario, one of the predecessors of Hospice Palliative Care Ontario. Mr. Walker passed away in October 2009. The Richard R. Walker Visionary Award is bestowed by the Board of Directors of HPCO occasionally, when merited, to an individual or organization that has, through their actions, made a significant and exceptional contribution to advance the hospice palliative care movement in Ontario. Nominees for this award are selected by the HPCO Board of Directors.

The Dr. S. Lawrence Librach Award for Palliative Medicine in the Community

This award was created in 2013 to honour the late Dr. Larry Librach who began his medical career in 1970, and who became a significant and early presence in the field of palliative care. Dr. Librach helped shape the Canadian approach to palliative care and palliative medicine. Throughout his 35 year career in palliative care, Dr. Librach was a teacher and mentor, an encouraging and enthusiastic colleague and friend who embraced every opportunity to give of himself, and who consistently inspired others to do the same. The award is a \$2,500 cash award given annually to a physician who demonstrates excellence and leadership in palliative care and who advances palliative care in their community through the mentorship of family physicians. The inaugural award will be bestowed at the April 2014 Conference.

Canadian Awareness and Understanding of Hospice Palliative Care Ontario Increasing

In a recently published survey on the importance of a team approach to palliative care, it was revealed that nearly all Canadians (93 per cent) believe palliative care services should be available in a setting of their choice. The Harris/Decima survey also revealed:

- ◆ near unanimous support among Canadians (96 per cent) of a **team approach to hospice palliative care**;
- ◆ a vast majority (93 per cent) of Canadians believe **palliative care has a positive impact on the reduction of stress** and burden on families;
- ◆ 94 percent of Canadians believe **palliative care improves quality of life** and that **all health care providers** (family physician, nurse, disease specialist and other health care professionals) should participate in care;
- ◆ at 87 per cent, the majority of Canadians believe a **palliative approach should be available early on** in the course of a disease.

The shift of care to an integrated care model in the community allows individuals to remain at home for as long as possible, reducing pressure on resources within the provincial health care system.

Harris/Decima, January 2014. A quantitative online research survey of 2,976 Canadian adults. Completed using Harris/Decima's proprietary online panel so is precluded from reporting a margin of error. Data were collected between July 5 and August 7 2013.

Scholarships and Bursaries

The Joan Lesmond Scholarship

The Joan Lesmond scholarship welcomes applications from Registered Nurses, Registered Practical Nurses, or Registered Social Workers, employed in the field of palliative care, who demonstrate a commitment to life-long learning and mentorship. The scholarship was named in memory of our friend, colleague and former board member Joan Lesmond. The scholarship includes full registration to the Annual Hospice Palliative Care Ontario Conference, including accommodation, transportation costs and a cash award.

The 2013 recipient was **Shelley Lillie**, a registered nurse. Shelley works as the supportive and palliative care nurse for the Upper Grand Family Health Team and is the clinical resource nurse on the interdisciplinary hospice palliative care team of Centre Wellington.



Joan Lesmond Scholarship recipient Shelley Lillie (left) with HPCO CEO Rick Firth (right)

The Marilyn Lundy Hospice Palliative Care Award

Sponsored by the Temmy Latner Centre for Palliative Care, Mount Sinai Hospital, Toronto, Ontario, the Marilyn Lundy Hospice Palliative Care Award honours Marilyn's contributions as a pioneer in palliative home care nursing. The award is named in her honour to recognize her leadership and vision in community palliative care nursing with Saint Elizabeth Health Care and her contribution in the Canadian Hospice Palliative Care Association's committees to develop norms of practice and hospice palliative care nursing standards. The award is presented annually to a nurse in Ontario who demonstrates excellence palliative care nursing in knowledge and skills and who is a role model for his or her peers. There was no recipient in 2013.

Frances Montgomery Personal Support Worker Hospice Palliative Care Award

The Frances Montgomery Personal Support Worker Hospice Palliative Care Award acknowledges the invaluable contribution of Personal Support Workers who provide excellent care for the dying, support for families and loved ones, and who support the quality hospice palliative care movement in Ontario. The award, named in honour of Frances Montgomery, a retired nurse, celebrates Frances' commitment to caring for the dying within her family and extended community. This annual scholarship award is made possible through the generous sponsorship of Life and Death Matters. The inaugural award will be bestowed at the April 2014 Conference.

Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family.
- Kofi Annan

Our Supporters

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Dr. S. Lawrence Award for Palliative Medicine in the Community

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2013 Annual Hospice Palliative Care Ontario Conference Sponsors



Stewarding Resources

Financial Performance

HPCO ended the fiscal year with a surplus of \$28,678 compared to \$1,368 in the prior year. Revenue increased by 16.6% (\$117,137) from \$728,935 in 2013 to \$848,069 in 2014. Increased revenue is attributed to a 23% increase in donations and fundraising revenue. Also contributing to the surplus is an increase in membership fees booked in fiscal 2013-2014 due to late issuance of renewal notices for fiscal 2012-2013. The adjacent graphic provides a breakdown of HPCO's revenue sources.

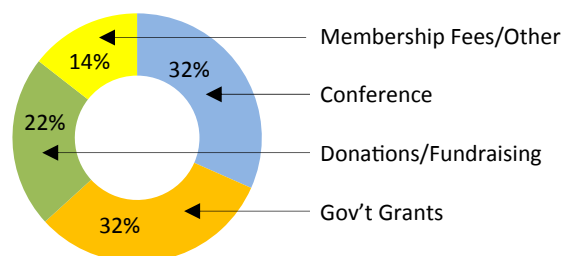
Expenditures increased 12% (\$91,842) from \$727,549 to \$819,391. Increased expenditure is attributed to his/her expenses associated with a physician symposium in March 2014. Costs associated with the event were offset by grants. Printing costs for publications were offset by revenue from publications and an increase in Nevada tickets costs. Salaries and benefits increased by 26% while professional and consultant fees decreased by 43% with combined cost for salaries, benefits, professional and consultants fees decreasing by 3%. The proportionate allocation of HPCO's revenue to fund operation is illustrated in the adjacent graphic.

Member services includes conference and education, standards, training materials, policy development, accreditation, communications, public awareness, and awards of recognition. Member services are funded by membership fees, donations and fundraising, and the net income from the annual HPCO conference. HPCO receives government funding from the Toronto Central LHIN that is restricted for use in delivering palliative care education to long-term care and community support services in the City of Toronto and to operate the provincial hospice palliative care information service currently known as Hospice Ontario.

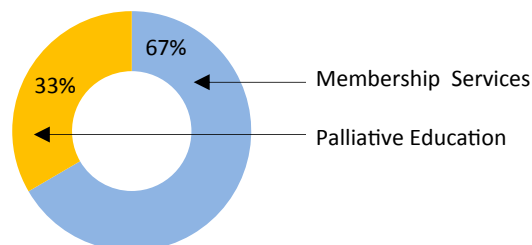
Charitable Information

HPCO strives to be a good steward of funds received, from grants, donations, merchandise sales, and an annual conference. The adjacent graphic outlines expenditures for HPCO's charitable mission, administration and fundraising. Total staff compensation across all programs in 2013/2014 was \$300,697. Gifts to qualified donees represent the total amount of profit sharing paid to local hospices participating in provincial Nevada gaming program (break open lottery tickets) operated by HPCO.

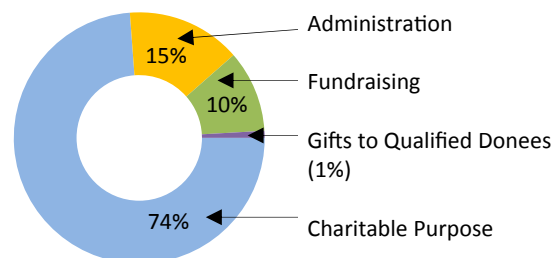
Where our Money Came From



How our Dollars Were Spent



Charitable Information Return (T3010)



Statement of Operations

For the Fiscal Year Ended March 31, 2014

	HAO Member Services	Palliative Education and Information Services	Total 2014	Total 2013
EXPENSES				
Salaries and benefits	\$ 93,225	\$ 207,472	\$ 300,697	\$ 237,760
Nevada ticket costs	56,515	-	56,515	48,554
Nevada profit sharing	7,310	-	7,310	12,341
Office and general	81,398	11,731	93,129	65,979
Professional fees and consultants	67,274	30,597	97,871	172,791
Insurance	916	1,832	2,748	2,397
Rent and operating costs	31,141	21,948	53,089	46,178
Travel, meeting and conference	205,199	-	205,199	141,549
Amortization	2,833	-	2,833	-
	<u>545,811</u>	<u>273,580</u>	<u>819,391</u>	<u>727,549</u>
FUNDED BY				
Foundations	24,820	-	24,820	20,823
Corporations	8,110	-	8,110	4,000
Donations	42,615	-	42,615	16,492
Nevada ticket sales	113,893	-	113,893	112,981
Conference and education	268,102	-	268,102	260,941
Government of Ontario (note 6)	-	267,975	267,975	267,975
Membership	110,690	-	110,690	42,943
Merchandise and publication sales	11,459	-	11,459	2,690
Interest and sundry income	405	-	405	90
	<u>580,094</u>	<u>267,975</u>	<u>848,069</u>	<u>728,935</u>
FUNDED BY OPERATIONS				
	<u>(5605)</u>	<u>5605</u>	<u>-</u>	<u>-</u>
	<u>574,489</u>	<u>273,580</u>	<u>848,069</u>	<u>728,935</u>
EXCESS OF REVENUE OVER EXPENSE				
	<u>\$ 28,678</u>	<u>\$ -</u>	<u>\$ 28,678</u>	<u>\$ 1,386</u>

For the 2013-2014 fiscal year, our legal corporate name remained Hospice Association of Ontario with the corporation operating under the registered business name of Hospice Palliative Care Ontario. In September, 2014 the corporation's Articles of Continuance under the Canada Not-for-Profit Act were approved, changing the legal name to Hospice Palliative Care Ontario.

This statement is an excerpt from the Audited Financial Statements prepared by Wallington Chong LLP Chartered Accountants, Licensed Public Accounts.

A full copy of the Audited Financial Statements is available at hpcoco.ca under 'About HPCO'. Please refer to the Audited Financial Statements for notes and further information. For a printed copy please contact Hospice Palliative Care Ontario at 1-800-349-3111.

Statement of Financial Position

As at March 31, 2014

ASSETS	2014	2013
CURRENT		
Cash and short term investments	\$ 273,641	\$ 180,441
Accounts receivable	25,692	24,293
Prepaid expenses and deposits (note 7)	56,139	54,305
	<u>355,472</u>	<u>259,039</u>
CAPITAL (note 5)	5,666	8,499
	<u>361,138</u>	<u>267,538</u>
LIABILITIES		
CURRENT		
Accounts payable and accrued liabilities	\$ 63,665	\$ 53,384
Deferred revenue (note 8)	180,714	126,066
	<u>244,379</u>	<u>179,450</u>
NET ASSETS		
Invested in capital assets	5,666	8,499
Unrestricted	111,100	79,589
	<u>116,766</u>	<u>88,088</u>
	<u>\$ 361,138</u>	<u>\$ 267,538</u>

For the 2013-2014 fiscal year, the legal corporate name remained Hospice Association of Ontario with the corporation operating under the registered business name of Hospice Palliative Care Ontario. In September, 2014 the corporation's Articles of Continuance under the Canada Not-for-Profit Act were approved, changing the legal name to Hospice Palliative Care Ontario.

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Our People—Board of Directors and Staff

Board of Directors

John Crean (Chair)
National Public Relations

Beth Ellis (Secretary)
Health Care Consultant

Ingrid Robinson, MFAc, CPA, CIA, CRMA
(Treasurer), MNP LLP

Sharon Allen, RN(EC), MSc(N), CHPCN(C)
Nurse Practitioner

Heather Campbell
The Healing Cycle Foundation

Carol Derbyshire
Hospice of Windsor & Essex County Inc.

Elaine Klym, RN, CHPCN(C)
Maison Vale Hospice

Rod Malcolm
DHR International

Andrea Martin
Waterloo Wellington CCAC

Thelma M. Martin
Health Care Consultant

Vivian Papaiz, RN, BScN
VON Canada

Marg Poling, RN, BScN, PHCNP(c)
(Past Chair), North West CCAC

Rodney W.J. Seyffert
Legal & Consulting Services

Audit Committee

Rodney W.J. Seyffert (Chair)
Rod Malcolm
Ingrid Robinson
Rick Firth (staff)

Executive Committee

John Crean (Chair)
Beth Ellis
Marg Poling
Ingrid Robinson
Rick Firth (staff)

Finance Committee

Ingrid Robinson (Chair)
Marg Poling
Rick Firth (staff)

Governance Committee

Thelma Martin (Chair)
Carol Derbyshire
Beth Ellis
Vivian Papaiz
Rodney W. J. Seyffert
Rick Firth (staff)

Fund Development Committee

Rod Malcolm (Chair)
Heather Campbell
John Crean
Carol Derbyshire
Rick Firth (staff)

Risk Management

Ingrid Robinson (Chair)
Rodney W.J. Seyffert
Rick Firth (staff)
Paula Neil (staff)

Staff

Matt Blair
Information Officer

Rick Firth
President & CEO

Anna LeCoche
Executive Assistant

Paula Neil
Director of Operations

Ingrid Norrish
Conference Event Planner

Teresa Sottile
Conference Manager

Annalise Stenekes
Standards Project Manager

Marissa Villacorta
Nevada Administrator

Michelle Beauchamp, RN
Lead Facilitator, Palliative Education

Dianna Drascic, RN, MScN
Facilitator, Palliative Education

Our People—Committees and Work Groups

Our strength is in our people. We sincerely thank the many members who volunteer their time and talent to advance Hospice Palliative Care Ontario's vision and mandate.

Standards Council

Beth Ellis, (Co-Chair), Consultant
Leslie Hirst, Co-Chair, Bayshore
Kathryn Downer, Pallium Canada
Marg Poling, North West CCAC
Thelma M. Martin, Health Care Consultant
Liz Laird, Palliative Pain and Symptom Management Consultation Program

Quality Framework Working Group

Llana James, Hospice Palliative Care Ontario (Consultant)
Todd Fraleigh, The Dorothy Ley Hospice
Rosslyn Bentley, Hospice Wellington
Dena Silverberg, Better Living Health & Community Services
Marcel Blais, St. Joseph's Hospice Sarnia Lambton
Dena Maul, Hospice Toronto
Diane Caughey, Hospice Renfrew
Leanne Kitchen-Clark, The Way Forward Initiative (ex-officio)

Annual Hospice Palliative Care Ontario Conference

Conference Planning Team

Karen Fischer (Conference Chair)
 Rick Firth, Teresa Sottile, Ingrid Norrish and Paula Neil

Conference Staff Team & Onsite Support

Teresa Sottile, Ingrid Norrish, Matt Blair, Anna LeCoche, Paula Neil, Liz Rivas, Marianne Tavares, Leila Turnbull, Marissa Villacorta and Sue Williams

Abstract Review Teams

Scientific and Advanced Clinical Practice

Russell Goldman, Jeff Myers, Sharon Allen, Virginia (Gini) Jarvis, Vicki Lejambe and Shiraz Malik

Pediatrics Programming

Adam Rapoport and Christina Vadeboncoeur

Visiting Hospice Standards, Expert Panel

Alexandra McKenna, Heart House Hospice
Amanda Maragos, Philip Aziz Centre for Hospice Care
Annalise Steneke, Hospice Palliative Care Ontario
Cindy Fischer, Hospice Palliative Care Ontario
Karen Emsig, Hazel Burns Hospice
Maureen Riedler, Hospice Dufferin
Shirley Dinsmore, Huron Hospice Volunteer Service

Health Care Consent-Advance Care Planning Group

Christine Bigelow, Hospice Waterloo
Maryse Bouvette, Bruyere Continuing Care
Jean Clark, Revera Inc.
Sandra Dudziak, Revera Inc.
Liz Laird, Palliative Care Consultation Program
Marie Palmer, Palliative Care Consultation Program
Diane Reid, Palliative Care Consultation Program
Carol Sloan, Palliative Care Consultation Program
Betty Smallwood, Kirkland District Hospital
Judith Whal, Advocacy Centre for the Elderly
Heather Westaway, North East LHIN

Leadership, Systems, Integration

Beth Lambie, Mary Jane Esplen, Rick Firth and Donna Laevens-Van West

Volunteer Management

Thelma M. Martin, Kelly Borg, Paula Greenwood and Alexandra McKenna

Psychosocial, Spiritual, Bereavement, Complementary Therapy

Eunice Gorman, Camillia Galezowski and Peggy Moore

Oral Papers and Poster Review

Elaine Klym and Deb Harrold



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Fax: 416-304-1479

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to connect with HPCO on

Facebook: Hospice Palliative Care Ontario

Twitter: @hpcontario

YouTube: [youtube.com/user/hpcotube](https://www.youtube.com/user/hpcotube)